



## Diabetes-Inspired Culinary Education Free Children's Cooking Class!

A 10-week educational research program for youth with type 1 diabetes and their families is being offered in Spring: **(February - April, 2025)** and Summer: **(June - August, 2025)**!

Time & Location: Weekly cooking classes from 6-7:30PM at a new teaching kitchen at Case Western Reserve University (2210 Circle Dr. Cleveland, OH 44106)



As participants in this study, you and your child with type I diabetes will be asked to attend all 10 cooking lessons during the Spring or Summer session and complete surveys, questionnaires, and body measurements at 3 timepoints between **January - September 2025.**

Families can bring up to 3 additional family members to the 10 DICE cooking classes!

**Your family will enjoy a free family dinner each lesson!**

If you are interested in joining this study or learning more, you can visit the DICE website ([DICE4health.org](http://DICE4health.org)) or contact the DICE team by email ([DICE@case.edu](mailto:DICE@case.edu)) or telephone (440-941-3504).

We encourage you to register soon! Registration ends **Feb.1, 2025!**

